

Elite Sports & Fitness Academy

Speed Development Camp

*With Arizona State All-Americans & professional Track & Field athletes
Shakeia Pinnick & Lawrence Trice Jr.*

*elite level camp session that will educate players and enhance their ability use their
strength while running with:*

TECHNIQUE

SPEED

EXPLOSION



**Sign-up now and you will get the Rio 2016 discount. Part payments
or full payments are required before the first visit...
The price includes a Sports visual consultation.**